

**Breakfast: FREE to ALL Students**  
**Lunch: \$3.50 (\$0.00 Reduced)**  
**Milk ONLY: \$0.60** Adult Lunch: \$5.00

**Brooklyn Public Schools**  
**Breakfast & Lunch Menu**  
**October 2023**

**Fresh Fruits, Veggies**  
**& Milk**  
**served daily!**

| Weekly Alternates  | Monday   | Tuesday   | Wednesday  | Thursday   | Friday  |
|--|--|---|--|--|---|
| <i>Riblet Sandwich</i><br><i>Yogurt Fun Lunch</i><br><i>Sunbutter &amp; Jelly</i>                      | <sup>10/2</sup><br><b>Mozzarella Sticks w/</b><br><b>Marinara Cups</b><br>Roasted Broccoli | <sup>10/3</sup><br><b>Hearty Beef Chili</b><br>Cinnamon Roll<br>Green Beans                       | <sup>10/4</sup><br><b>Chicken w/ Ramen</b><br><b>Noodles</b><br>Roasted Carrots                                | <sup>10/5</sup><br><b>Cheesy Chicken</b><br>Smashed Potato,<br>Corn and Gravy<br>Bowl                        | <sup>10/6</sup><br><b>Personal Cheese</b><br><b>Pizza</b><br>Baby Carrots w/<br>Ranch             |
| <i>All Beef Hot Dog</i><br><i>Yogurt Fun Lunch</i><br><i>Sunbutter &amp; Jelly</i>                     | <sup>10/9</sup><br><b>NO SCHOOL</b><br><br><b>National School</b><br><b>Lunch Week!</b>    | <sup>10/10</sup><br><b>Beef &amp; Cheese</b><br><b>Walking Taco</b><br>Salsa<br>Zesty Black Beans | <sup>10/11</sup><br><b>Chicken Tenders</b><br><b>Waffles</b><br>w/ Syrup<br>Sweet Potato Fries                 | <sup>10/12</sup><br><b>Sausage Egg &amp;</b><br><b>Cheese Bagel</b><br><b>Sandwich</b><br>Crispy Hash Browns | <sup>10/13</sup><br><b>Personal Cheese</b><br><b>Pizza</b><br>Zesty Green Bean<br>Salad           |
| <i>Grilled Cheese</i><br><i>Yogurt Fun Lunch</i><br><i>Sunbutter &amp; Jelly</i>                       | <sup>10/16</sup><br><b>Breakfast Taco</b><br>Egg, Cheese &<br>Hashbrown                    | <sup>10/17</sup><br><b>All Beef Hot Dog</b><br>on Whole Grain Bun<br>Baked Beans                  | <sup>10/18</sup><br><b>Chicken Patty</b><br><b>(Spicy or Plain)</b><br>w/ Lettuce & Mayo<br>Sweet Potato Fries | <sup>10/19</sup><br><b>Crispy Chicken</b><br><b>Cutlet</b> over<br>Buttery Egg Noodles<br>Green Beans        | <sup>10/20</sup><br><b>Personal Cheese</b><br><b>Pizza</b><br>Garden Salad w/<br>Italian Dressing |
| <i>Meatball &amp; Cheese</i><br><i>Wrap</i><br><i>Yogurt Fun Lunch</i><br><i>Sunbutter &amp; Jelly</i> | <sup>10/23</sup><br><b>Lasagna Roll Up</b><br>Garlic Texas Toast<br>Garden Salad           | <sup>10/24</sup><br><b>Rodeo Burger</b><br>BBQ & Onion Ring<br>Topper<br>Crispy Oven Fries        | <sup>10/25</sup><br><b>Soft Chicken Taco</b><br>Golden Corn<br>Refried Beans                                   | <sup>10/26</sup><br><b>BBQ Chicken</b><br>Brown Rice<br>Steamed Carrots                                      | <sup>10/27</sup><br><b>Personal Cheese</b><br><b>Pizza</b><br>Cucumber and<br>Tomato Salad        |
| <i>Hamburger</i><br><i>Yogurt Fun Lunch</i><br><i>Sunbutter &amp; Jelly</i>                            | <sup>10/30</sup><br><b>Cheese Quesadilla</b><br>Brown Rice<br>Refried Beans                | <sup>10/31</sup><br><b>Chicken Bacon</b><br><b>Ranch Wrap</b><br>Sweet Potato Fries               | <sup>11/1</sup><br><b>Meatball Stroganoff</b><br>over Egg Noodles<br>Green Peas                                | <sup>11/2</sup><br><b>Sweet &amp; Sour</b><br><b>Chicken</b> over Rice<br>Steamed Broccoli                   | <sup>11/3</sup><br><b>Personal Cheese</b><br><b>Pizza</b><br>Zesty Green Bean<br>Salad            |

*This is an equal opportunity institution.*

**\*MENU SUBJECT TO CHANGE WITHOUT NOTICE\***

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**NATIONAL SCHOOL LUNCH WEEK**

**During the 2nd full week in October, National School Lunch Week shines the spotlight on the programs and nutritious food served up every day throughout the school year.**

**Since 1946, national school lunch programs have been available. While many areas may have offered school lunches before that time, other areas found it difficult to find the funds and resources to support such a program.**

*ALL Breakfast items are 100% whole grain and meet the USDA meal pattern requirements.*

*Each breakfast is served with fruit and milk.*

|                                 |                            |                        |                           |                            |
|---------------------------------|----------------------------|------------------------|---------------------------|----------------------------|
| 10/2<br>Mini Straw Bagel Bites  | 10/3<br>Confetti Pancakes  | 10/4<br>Crumb Cake     | 10/5<br>Glazed Doughnut   | 10/6<br>Choc Chip Muffin   |
| 10/9<br>No School               | 10/10<br>Mini French Toast | 10/11<br>Cinnamon Roll | 10/12<br>Mini Waffles     | 10/13<br>Apple Strudel     |
| 10/16<br>Mini Straw Bagel Bites | 10/17<br>Confetti Pancakes | 10/18<br>Crumb Cake    | 10/19<br>Glazed Doughnuts | 10/20<br>Choc Chip Muffins |
| 10/23<br>Breakfast Bar          | 10/24<br>Mini French Toast | 10/25<br>Cinnamon Roll | 10/26<br>Mini Waffles     | 10/27<br>Apple Strudel     |
| 10/30<br>Mini Straw Bagel Bites | 10/31<br>Confetti Pancakes | 11/1<br>Crumb Cake     | 11/2<br>Glazed Doughnut   | 11/3<br>Choc Chip Muffin   |