Breakfast: FREE to ALL Students Lunch: \$3.50 (\$0.00 Reduced) Milk ONLY: \$0.60 Adult Lunch: \$5.00

Brooklyn Public Schools Breakfast & Lunch Menu November 2023

Fresh Fruits, Veggies & Milk served daily!

Weekly Alternates	Monday	Tuesday	Wednesday	Thursday	Friday
Hamburger Yogurt Fun Lunch Sunbutter & Jelly			11/1 Meatball Stroganoff over Egg Noodles Green Peas	Sweet & Sour Chicken over Rice Steamed Broccoli	Personal Cheese Pizza Zesty Green Bean Salad
Bosco Stix Yogurt Fun Lunch Sunbutter & Jelly	Spaghetti w/ Marinara Texas Toast Green Beans	NO SCHOOL PD Day	11/8 BBQ Chicken Flatbread Cowboy Baked Beans	11/9 French Toast Egg or Sausage Hash Browns	11/10 Personal Cheese Pizza Steamed Carrots
Riblet Sandwich Yogurt Fun Lunch Sunbutter & Jelly	11/13 Mozzarella Sticks Marinara Roasted Broccoli	11/14 Hearty Beef Chili Cinnamon Roll Green Beans	11/15 Chicken Ramen Roasted Carrots	11/16 Cheesy Chicken & Corn Mashed Potato Bowl w/ Gravy	11/17 Personal Cheese Pizza Zesty Black Bean Salad
All Beef Hotdog Yogurt Fun Lunch Sunbutter & Jelly	11/20 Creamy Mac & Cheese Garlic Texas Toast Garden Salad	11/21 Turkey Feast! Mashed Potatoes, Gravy, Corn & Dinner Roll	11/22 Chicken Tenders & Waffles Sweet Potato Fries	NO SCHOOL HAPPY THANKSGIVING	NO SCHOOL
Grilled Cheese Yogurt Fun Lunch Sunbutter & Jelly	11/27 Egg & Cheese Breakfast Taco Hash Brown	Spicy or Plain Chicken Patty Lettuce & Mayo Sweet Potato Fries	11/29 All Beef Hotdog On WG Bun Baked Beans	11/30 Crispy Chicken Cutlet over Buttery Egg Noodles Green Beans	12/1 Personal Cheese Pizza Garden Salad

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Balanced nutrition throughout the day contributes to student success in and out of the classroom. New research shows children are getting their healthiest meals at school. Studies have demonstrated that school meal programs play an important role in supporting obesity prevention, overall student health and academic achievement by improving children's diets and combatting hunger.

ALL Breakfast items are 100% whole grain and meet the USDA meal pattern requirements.

Each breakfast is served with fruit and milk.

		11/1 Crumb Cake	11/2 Glazed Doughnut	11/3 Choc Chip Muffin
11/6	11/7	11/8	11/9	11/10
Breakfast Bar	Mini French Toast	Cinnamon Roll	Mini Waffles	Apple Strudel
11/13	11/14	11/15	11/16	11/17
Mini Straw Bagel Bites	Confetti Pancakes	Crumb Cake	Glazed Doughnuts	Choc Chip Muffins
11/20 Breakfast Bar	11/21 Mini French Toast	11/22 Cinnamon Roll	No School	No School
11/27	11/28	11/29	11/30	12/1
Mini Straw Bagel Bites	Confetti Pancakes	Crumb Cake	Glazed Doughnut	Choc Chip Muffin